

The Congregation at Prayer:

A Guide for Daily Meditation and Prayer

for the week of

Judica

(Lent 5)

(March 17 through March 24)

The Order of Meditation and Prayer

Pray, confess, and read aloud as much from the Order of Meditation and Prayer as you are able, or as the size and age of your family members dictate. Strive to learn by heart the assigned verse, catechism excerpt, and hymn.

Invocation

In the name of the Father, and of the ✠ Son, and of the Holy Spirit. Amen.

Apostles' Creed

Psalmody

Pray the appointed psalm for the week (43) as well as one or more of the appointed daily psalms listed below. Conclude with the psalm prayer.

	<u>Sunday</u>	<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>	<u>Saturday</u>	<u>Sunday</u>
Morning:	146	148	150	2	4	6	8	10
Evening:	147	149	1	3	5	7	9	11

O Father of Mercies, we thank you for sending your Son into our flesh to redeem us for yourself. For the sake of his obedience and suffering, grant us the forgiveness of all our sins and shortcomings, and keep us from the evil, as your Son, our Lord, so prayed for us; through the same Jesus Christ our Lord. Amen.

Verse of the Week – Psalm 3:5

“I lay down and slept; I awoke, for the Lord sustained me.”

Catechism Excerpt – The Morning Prayer

Grades 1–3 | *How should the Christian begin each day?*

I thank you, my heavenly Father, through Jesus Christ, your dear Son, that you have kept me this night from all harm and danger; and I pray that you would keep me this day also from sin and every evil, that all my doings and life may please you.

Grades 4–8 | For into your hands I commend myself, my body and soul, and all things. Let your holy angel be with me, that the evil for may have no power over me. Amen.

Readings from Holy Scripture

Read one or both of the appointed readings for the day as listed below.

Sunday: Exod 16:2–21 John 6:1–15	Wednesday: Exod 4:1–18 Mark 15:1–15	Saturday: Exod 7:1–25 Mark 16:1–20
Monday: Exod 2:1–22 Mark 14:32–52	Thursday: Exod 4:19–31 Mark 15:16–32	Sunday: Zech 9:9–12 John 12:12–19
Tuesday: Exod 2:23–3:22 Mark 14:53–72	Friday: Exod 5:1–6:1 Mark 15:33–47	

Hymn of the Month

“O Sacred Head, Now Wounded” (LSB 450)

Prayer

Lord’s Prayer

Collect for Judica

Almighty God, by your great goodness mercifully look upon your people that we may be governed and preserved evermore in body and soul; through Jesus Christ, your Son, our Lord, who lives and reigns with you and the Holy Spirit, one God, now and forever. Amen.

Prayer from the Fathers

Almighty and merciful God, unto whose everlasting blessedness we ascend, not by the frailty of the flesh but by the activity of the soul, make us ever, by your inspiration, to seek after the courts of the heavenly city and, by your mercy, confidently to enter them; through Jesus Christ our Lord. Amen. ~ The Leonine Sacramentary

Prayers for Others and Ourselves

Pray for the church of God, and for all people according to their needs, especially:

for those who require ongoing prayers:

Larry Helfers
Shannon Ellis
Gayle Crawford
Wilma Windhorst

for those who teach and learn at:

Nodaway Holt School District

for persecuted Christians in:

Morocco, Uzbekistan, and Bangladesh

for good health, healing, and recovery:

John Heits
Audrey Wright (mother of Sue Biermann & Mary Lou Jackson)
Angela Muntz (friend of Nancy Peters)
Nancy Jenkins
J.R. Chaney (son-in-law of the Jenkinses)

for our brethren in faith and confession:

President Antonio Reyes and
The Lutheran Church in the Philippines

Luther’s Morning or Evening Prayer (LSB 327)

Benediction

The almighty and merciful Lord, the Father, the ☩ Son, and the Holy Spirit, bless us and keep us. Amen.